

Combat engineer Spc. David Vilardi, Co. B, 65th BEB, performs the buddy carry task on the medical evaluation lane, Aug. 27, as part of the Pfc. Gaviola Expert Sapper Competition.

Sapper training tests Army, Marine combat engineers

SGT. IAN IVES

25th Infantry Division Public Affairs

SCHOFIELD BARRACKS - Army and Marine combat engineers participated in the Pfc. Gaviola Expert Sapper Competition at Bellows Air Force Station, Wheeler Army Airfield and, here, Aug. 24-28.

Soldiers from the 65th Brigade Engineer Battalion, 2nd Stryker Brigade Combat Team; and Company C, 3rd Bn., 25th Combat Aviation Regiment, 25th Infantry Division; and Marines from the Combat Assault Co., 3rd Marine Regt., competed in the sapper competition over a five-day period where they trained and were tested in engineer specific tasks and basic soldiering tasks, said Sgt. 1st Class Alex MacDougall, noncommissioned officer in charge of the recon lane assigned to 65th BEB.

MacDougall helped to build and test the recon lane for the sapper competition and will be evaluating Soldiers coming through his lane.

Due to incoming bad weather, senior leaders

of 65th BEB thought about putting the testing Lopez. "We are excited to be here, and they are such as rappelling. and training on hold. However, for the engineers, that wasn't the case.

'There is always a contingency plan, but as we say in the Engineers Corps, if it's not raining, you're not training," said MacDougall.

Despite the weather, the engineers continued to push forward by doing their best to get the most out of the training.

"This training will help me see what I'm not strong at and how I need to improve," said combat engineer Pfc. Zacchaus Robinson, Co. B,

The Marine engineers had an opportunity to train with their Army counterparts.

"This training is a culmination of events for everyone in the combat engineer career field. That not only applies to the Army, but to the Marine Corps as well," said Cpl. Roberto Lopez, CAC, 3rd Marine Regt.

Lopez has worked with the Army before to do training, such as this, and realizes its importance. "It's been good working with the Army," said

excited to have us. This training will help me refresh on some of the things we do not do as often, the combat engineers maintain their readiness.

Regardless of the service, the training helped



Combat engineers sprint toward a Chinook to begin a helocast operation, during which they jumped from the helicopter into the ocean while moving at speeds over 10 knots per hour, Aug. 28, as part of the sapper competition.

25th ID first in Army to earn EIB under new standards

Story and photos by

STAFF SGT. CARLOS DAVIS Defense Video & Imagery Distribution System

SCHOFIELD BARRACKS - Young or old, enlisted or officer, vast experience or first duty station, many infantry Soldiers accept the challenge and attempt to earn the Expert Infantryman Badge during their careers.

The 2nd Stryker Brigade Combat Team, 25th Infantry Division, held EIB testing at the East Range Training Complex, here, Aug. 24-28.

More than 760 25th ID Soldiers were the first to be graded under new EIB standards for the Army.

"The EIB training is the knowledge base which all infantrymen should push to attain as a Soldier, to what they do as an infantryman who is executing along with their peers in the job," said Capt. Christopher Frantz, 65th Brigade Engineer Battalion, 2nd SBCT.

"This is one of the few times where the primary focus of the brigade or the unit who is the leading force of the training can focus on specific individual Soldier skills," he said. "There is no better time for Soldiers to receive this training and gain that expertise in those focus areas."

Training was a lot tougher than many expected.

"The weather all week was a serious issue. We were facing constant rain showers every day, making it difficult to keep morale up," said Staff Sgt. Mitchell Davis, Company B, 1st Bn., 14th Inf. Regt. "However, it is good to see a decent percentage make it out. It was a lot harder than expected, especially having to treat and evaluate a casualty after the 12-mile forced road march."

Though they faced afternoon downpours causing red Hawaiian mud to graft with their boots and uniforms, the EIB candidates were determined to conquer all tasks set before them.

"Going into the training, I had the mindset of 'no matter what I will accomplish these tasks, and I will do them right from the start," said 1st Lt. Robert Doyle, 1-21st Inf. Regt. "My philosophy is that the EIB is something that infantrymen should hold near and dear to their hearts, and they should want to do this if their goal is to make the Army a career."

Evaluators in the distance still muttered the fatal words, "You did not perform the step correctly; therefore, you are a no-go at this station at this time," causing Soldiers to walk away from the

testing lanes with their heads hanging.

"Even though the EIB is an individual event, it's never okay to see your battle buddies fail," Davis said. "For the individuals who didn't complete the training, that doesn't mean that they don't know how to do the tasks. It just means they didn't meet the exact EIB standards."

For Sgt. Geoffrey Bruno, completing this challenge and having the EIB pinned on his chest meant the world to him.

"This is an amazing feeling," said Bruno, Head $quarters\ and\ Head quarters\ Co., 65th\ BEB.\ "This$ is actually my third attempt, and I still can't believe I achieved this.

"In this profession, the EIB means everything to the Soldier," Bruno said. "It means you are an expert in your job; that you can do your job and have the confidence to accomplish any task at any given time. It is what every infantryman should strive for."

The new EIB training standards tested the Soldiers of the 25th ID both physically and mentally, and while only 22 Soldiers successfully accomplished the tasks set before them, many more will be challenged this month.



1st Lt. Jonathan Kaicher, 1-27th Inf. Regt., 2nd SBCT, checks, clears, loads, reduces stoppage, unloads and clears an M9.



1st Lt. Robert Doyle, 1-21st Inf. Regt., 2nd SBCT, performs first aid on a simulated casualty on Watts Field, Schofield Barracks. The EIB recognizes outstanding infantrymen who attain a high degree of professional skill, expertise and excellence in a broad spectrum of critical tasks.



An EIB candidate prepares to fire an M98 **Iavelin missile.**

The New EIB Challenge

EIB training is designed and conducted under realistic conditions, and recognizes outstanding infantrymen who attain a high degree of professional skill, expertise and excellence in a broad spectrum of critical

Some of the key changes to the EIB training are the physical fitness standard increased from 70 to 80 points, per event; patrolling, urban lanes and traffic control plan lanes changed to patrolling, weapons and medical lanes; total tasks tested decreased from 39 to 33; Soldiers' load for the foot march changed to 105 pounds; and the addition of Objective Bull was added to the end of the foot march.

Tested tasks included a patrol lane where Soldiers were tested on how to properly call and adjust indirect fire; movement under direct fire; sending a situation report, identifying and employing hand grenades; a medical lane where Soldiers treated a casualty for heat injury, performed first aid for an open head wound, and performed first aid for an open abdominal wound; plus, a mystery event that needed to be completed in 20 minutes or less, where Soldiers had to evaluate a casualty, apply a tourniquet to control bleeding and finally transport.



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Police Call+

DES addresses Hale Kula drop-offs, pick-ups

Director, Emergency Services U.S. Army Garrison-Hawaii, and Commander, 8th Military Police Brigade, 8th Theater Sustainment Command

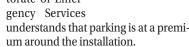
With school back in session, there is a significant increase in the amount of vehicular and pedestrian traffic in the vicinity of the three schools located on U.S. Army Garrison-Hawaii installations.

While most have acclimated to the increases found in traffic and transit times and have planned accordingly, we've seen some safety issues around the schools that require the community's assistance in resolving.

While we have not received any community issues or concerns around

mentary School or Wheeler Middle School, a number of safety concerns have been brought to our attention near Hale Kula Elementary School.

The Directorate of Emer-



Unfortunately, until the garrison finds a long-term solution for the parking at that area of post, we are all limited in where and when we can find parking.

Although the Military Police increased its presence to facilitate the safe passage of children, DES is limited in the amount of resources that can be placed at the school in the morning and afternoon.

Here is where we need the community's assistance:

•For those Soldiers, civilians and family members who travel around Hale Kula Elementary during peak drop-off and pick-up times, please be aware of your surroundings.

•For those who drop their children off at the school, please refrain from illegally parking on the side of the road. Vehicles create blind spots for vehicles passing through the area and increase the possibility of accidents.

area for illegally parked vehicles, especially those that create a safety hazard. While this may create a bit of an inconvenience for those who are unable to find parking close to the school, the additional distance you may have to walk fails in comparison to the alternative: a pedestrian being hit by a passing car.

DES will continue to monitor the area and work on finding a short-term solution to the parking as it seeks a longerterm solution to the Hale Kula Elementary traffic management challenge.

Again, DES understands the parking issue, but we cannot jeopardize the safety and well-being of keiki or parents who take them there.

SAFETY RIDE



Photo by Spc. Joseph Meredith, 3rd Brigade Combat Team, 25th Infantry Division

Soldiers from the 29th Engineer Battalion participate in a motorcycle safety ride, Aug. 28. Read the full story in next week's issue (Sept. 18).

Why does the Hawaii Army Weekly publish courts-martial findings?

The Office of the Staff **Judge Advocate** releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.

Tropic Lightning posts courts-martial results

The Office of the Staff Judge Advocate, 25th Infantry Division, publishes the results of the following courts-martial.

•A staff sergeant in Operations Company, Headquarters and Headquarters Battalion, 25th ID, was found guilty of one specification of indecent

the grade of E-1 and receive a written

•A specialist in Co. A, 2nd Bn., 27th Inf. Regt., 3rd Brigade Combat Team, 25th ID, was found guilty of one specification of assault consummated by a battery, one specification of sexual abuse of a child, and one specification of false official statement.

He was sentenced to be reduced to He was sentenced to be reduced to the grade of E-1, a bad conduct discharge and confinement for 16 months.



Be a lifesaver – for suicide prevention

ISAAC L. SHUBERT JR.

715th Military Intelligence Battalion 500th MI Brigade As September begins, let us contem-

plate the issue of suicide and how it is affecting our Soldiers and loved ones. We all know that suicide is the inten-

tional taking of one's life. This topic is real, and it's not just affecting the older generation.

This month, I challenge those who are reading this article to be a lifesaver. Take the time out of your busy schedule and actually have a conversation with someone, live and in person.

Put away your mobile device and engage with someone you know - or someone you don't even know. Introduce yourself and learn a little something about someone you wouldn't normally take the time to know.

Society has changed dramatically. We



cation, and it is

time that we

back

to

Shubert

being a community. It's time that we rise up and educate, motivate and empower the next generation. There will not be any improvement in this generation's epidemic of suicide if we don't get involved and be a lifesaver, so let's focus this month by ensuring we take the time to take back this generation and get to know them for who they are.

It's time for us to be accountable for

our children, brothers, sisters and the Schofield Barracks community. We all need to take the time for every one of us to reach that person who is calling out for help. Let us be listening ears and show them that their life matters and that we truly care.

For fellow Soldiers, you can use your ACE (Ask, Care and Escort) card. Don't be afraid to ask if you think someone may have suicidal thoughts. If so, show that you care by urging that person to get help.

Escort them to seek and receive the help that they deserve. Don't let them endure this life journey alone. Be with them throughout the process

You should also let a person of authority know about the person's suicidal tendency, like a chaplain, a doctor, a medical professional, a counselor or your chain of command. We should all seek to have a reliable person to whom

we may talk about suicidal thoughts and life challenges.

Use a chaplain or Military Family Life Consultant to ask for a recommendation on how to deal with a person with suicidal issues. There are several agencies available for support, like Military OneSource and the American Foundation for Suicide Prevention, or call the National Suicide Prevention Life Line at (808) 273-8255.

We all talk about how we care for others, so let's put our words into action and show someone else some love and care. Those few minutes you share can be life changing for someone who feels his life doesn't matter.

RELATED STORY

• Read the article on p. A-5 about preventing suicides and taking a

For the anniversary of Sept. 11, 2001. What does 9/11 mean to you? By 500th Military Intelligence Brigade Public Affairs



"A testament to the strength and resiliency of the American people, as well as the abundant heroism of the average citizen in times of crisis.

Sgt. Christopher Chavez Intelligence and security NCOIC 205th MI Bn.



"Resiliency, being able to bounce back, everyone works together. It shows how strong the U.S. is as a nation. Sgt. Maia Dihan Knowledge management officer

205th MI Bn.



"It brought us to reality and unleashed our resolve.

715th MI Bn

Spc. Sung Han Crypto linguist

'A sense of pride on how we came together as a nation in response to terrorism."

Spc. Mykala Johnson Administration specialist 500th MI Bde.



"We had to be resilient to bounce back and fight and show our strength as a nation.'

Intelligence specialist 715th MI Bn.

TF Ready activated, set to conduct ROK rotation

8TH THEATER SUSTAINMENT COMMAND

SCHOFIELD BARRACKS — The 130th Engineer Brigade hosted an activation and deployment ceremony for the engineers of Task Force Ready and 95th Eng. Company, Sept. 2, at Hamilton Field, here, in preparation for its nine-month deployment to the Republic of Korea as part of U.S. Army-Pacific's Korean rotational forces.

Task Force Ready is a battalion of approximately 140 engineers from the 95th, and more than 250 engineers from 59th Mobility Augmentation Co. and 74th Multi-Role Bridge Co., out of Fort Hood, Texas, who will provide mission command and engineer capabilities in support of Eighth Army and 2nd Infantry Division.

More than 45 KATUSAs (Korean Augmentation to the U.S. Army) will join the task force when it arrives in Korea.

During the ceremony, Lt. Col. Brian S. Smith also assumed command of Task Force Ready. "Human Resources Command chose the perfect officer for this challenging mission, and the Soldiers of this task force are lucky to have him," said Col. Blace C. Albert, commander, 130th Eng. Bde. "I know, without a doubt, that he will accomplish all missions while keeping the welfare of his Soldiers at the forefront of his concerns."

TFR is comprised of more than 20 military occupational specialties, including route clearance, mobility augmentation and bridge building.

"Task Force Ready has a cadre of officers who are highly proficient and competent in their respective areas of responsibilities," Smith said. "Their skills are further augmented by an outstanding NCO Corps who are truly the backbone of the unit."

These rotations are designed to support the U.S. security commitment to the ROK by the mutual defense treaty.

"These troops have been tested in battle and hardened by war, so that they stand tall before us today, ready to undertake any mission that is assigned to us," Smith said.



Photo by Sgt. Jon Heinrich, 8th Theater Sustainment Command Public Affairs

TFR conducts a ceremony pass in review, Sept. 2. It's made of engineers from 95th Clearance Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC, and more than 250 engineers from 59th Mobility Augmentation Co. and 74th Multi-Role Bridge Co. from Fort Hood, Texas.



File photo

Debris litters Wright Avenue, Wheeler Army Airfield, following a major storm in 2007.

Sept. is time to prepare

ZACHARY KITTRIE

Federal Emergency Management Agency

Soldiers and family members are invited to join millions of Americans who have made a commitment to increasing the level of emergency preparedness for themselves, their family and their community.

Tuesday was the first day of National Preparedness Month, and everyone is encouraged to participate in the theme, "Don't Wait. Communicate. Make Your Emergency Plan Today."

Now is a great time to make an emergency communication plan for your family. This month, spend time together with your family and talk about how and where you will meet should disaster strike.

National PrepareAthon!

National Preparedness Month culminates

with the National PrepareAthon, Sept. 30, when we turn our attention from awareness to action. If you have not already done so, please use this national day of action to practice your family emergency communication plan, and ensure everyone knows what to do and has the phone numbers they need to stay in touch.

Click on "Be Counted, Add Your Activity" and tell us how you, your family and friends, and community are getting more prepared. Your registration could motivate others to prepare!

(Editor's note: Kittrie is acting director of the FEMA Ready Campaign.)

More Online

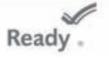
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DON'T WAIT. COMMUNICATE. MAKE YOUR EMERGENCY PLAN TODAY.





AMERICA'S PrepareAthon!



Prime Power linemen restore electricty for Saipan

DINO W. BUCHANAN

U.S. Army Corps of Engineers Honolulu District Public Affairs

FORT SHAFTER — Delta Company of the 249th Engineer Battalion (Prime Power) deployed to Saipan in August to provide much-needed power line restoration support to the Federal Emergency Management Agency and U.S. Army Corps of Engineers authority missions in response to Typhoon Soudelor.

The typhoon struck Saipan, Aug. 2-3, with estimated 120 mph gusts, heavy rains and lightning, leaving the island's 50,000 residents without water or power.

The nine-man group of Delta Co. Soldiers deployed from Rhode Island, initially to assist with the repair of the Saipan port lighting system. FEMA also mission-assigned the team to assist Commonwealth of the Northern Mariana Islands in installing the hardwire and electrical wiring on utility poles and assisting with bringing up the island's electrical distribution system.

The Commonwealth Utilities Corporation (CUC) continues to work on restoring Saipan's power and water systems with the assistance of local, regional and federal partners. The CUC Power Division, with the assistance of Delta Co.,

is working, concurrently, to restore transmission and distribution systems throughout the island by slowly energizing areas after careful inspections while power plant crews address generation capabilities.

After the storm, the CUC said all 14,622 electric customers on Saipan were without grid power, and later, visual inspections confirmed nearly 800 power poles and 600 transformers were damaged.

According to Sgt.1st Class Jitu Whitehead, Co. D, the group's certification as journeymen lineman was "a perfect fit" after the storm, since the local utility company had limited manpower.

"After our initial mission of getting the port lights on line was complete, we offered our services as linemen and began assisting in getting power lines re-energized and de-energizing the more than 90 FEMA generators providing emergency power," Whitehead said. "In addition to reconnecting lines atop power poles, we worked to troubleshoot issues in the power substations, as well as disconnecting the FEMA generators once the main feeder lines were back to 100 percent capability."

Whitehead characterized the missions on Saipan as "perfect training for Delta Company."

"We've been trying to link up with FEMA and for them to utilize our critical skills for some time, especially in these types of storm scenarios," Whitehead said. "This lineman mission directly links to what we do in our civilian jobs and what we do in the Army Reserve.

"It's definitely a positive learning experience for us to collectively work on Saipan's electrical distribution system, understand how it works while also being able to exchange ideas with the local company utility workers on processes that work for them and us as well," Whitehead continued. "We can take back ... some of those ideas to our civilian jobs or to the Army and use those ideas to help us work more effectively and safely."

"These are guys and gals climbing the poles and following behind CUC crews and making the connections, installing some of the hardware," said Stephen DeBlasio, FEMA's federal coordinating officer on Saipan, describing them

This is the first time he has seen FEMA use the 249th Eng. Bn., DeBlasio said, noting that the 249th team will be on island for a minimum 30 days, but he'll press to keep them on board as long as the CUC needs them.



Photo by U.S. Army Corps of Engineers

Cpl. David Schmidt, Delta Co., 249th Eng. Bn., repairs a powerline for water wells in the Gualo Rai area of Saipan.

"I've been involved in Katrina, I've been involved in 9/11, I've been involved in the hurricane season in 2004, and Irene in the northeast, and I can tell you the devastation here on this small island rivals anyone of those events. This is a heavy lift," he said.

FEMA said, as of Aug. 27, that almost 90 of 200 new concrete utility poles have been installed and 58 of the 145 water wells of the Saipan are operable.

The international airport and port have both resumed 24/7 operations.

Matlock visits 'Mustangs,' shares years of experience

Story and photo by
STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — Supply Soldiers with the 325th Brigade Support Battalion, 3rd Brigade Combat Team, 25th Infantry Division, discussed supply and property accountability with Brig. Gen. Matlock, deputy commanding general-Support, 25th ID, here, Sept. 3.

"Good units use and break equipment during training," Matlock said during the nearly two-hourlong conversation.

The meaning behind Matlock's words was that a unit training hard in the field was bound to have losses and damage to equipment.

"A good unit knows when equipment is lost

and reports it," he said. "They fix the problem during recovery, not before the beginning of another training mission."

Topics stressed by Matlock included the prop-

erty book, organizational clothing and individual equipment, basic load and additional authorization list.

"We use supply and equipment unlike other

"We use supply and equipment unlike other militaries in the world," he said. "The Army is very confident in using our equipment, so ac-

countability is necessary

He also stated the need for platoon leaders to hold themselves accountable for the equipment they have signed for their platoon, rather than divesting it to Soldiers under their command.

"Every leader ought to be responsible for some sort of property," he said

The information meeting didn't rely on the

traditional conference room, but rather took place inside the Alpha Company supply room where Soldiers could engage Matlock where they worked. "He didn't rely on PowerPoint slides," said

"He didn't rely on PowerPoint slides," said Capt. Shawn Garcia, commander, Co. A, 325th BSB. "He used his experience, which made the discussion very informative."

Garcia recognized the importance of signing out equipment to the user level.

"If you don't sign it down, items will not be accounted for and lost," he said.

Sgt. Pamela Garcia, supply, Charlie Co., spoke to Matlock several times about supply issues and found the time informative.

"It really helped, especially with the company commanders and first sergeants present, here, while seeing Brig. Gen. Matlock understand our issues," she said.



Brig. Gen. Patrick Matlock, deputy commanding general-Support, 25th ID, speaks to supply Soldiers at the Co. A supply room, 325th BSB, 3rd BCT, at Schofield Barracks, Sept. 3.



David Meale, chargé d'affaires of the U.S. Embassy to Bangladesh, addresses participants at the 2015 Pacific Resilience DREE closing ceremony, Sept. 3, in Dhaka, Bangladesh. The four-day event brought more than 150 participants to work through a tabletop and field exercises.

A more prepared Bangladesh

Story and photos by
STAFF SGT. WILLIAM SALLETTE
U.S. Army-Pacific Public Affairs

DHAKA, Bangladesh — The sixth annual Pacific Resilience Disaster Response Exercise and Exchange (DREE), co-hosted by the Bangladesh Armed Forces and U.S. Army-Pacific, concluded, here, Sept. 3.

The DREE built on the accomplishments of last year's exercise and expanded the communication between multiple agencies in the event of a catastrophic disaster in Bangladesh.

The four-day event convened more than 150 participants from multiple nations, non-governmental and international organizations to



Minister Mofazzal Hossain Chowdhury Maya, Ministry of Disaster Management and Relief addresses participants at the 2015 Pacific Resilience DREE closing ceremony, Sept. 3.

work through a phased tabletop exercise and field training exercise.

"This exercise really gives all stakeholders the opportunity to get to know what each others' responsibilities and capabilities are," said Bangladesh Lt. Col. Md Jahangir Alam, joint operations. "This makes the relief efforts and response time much quicker, which is precisely what would be needed in the case of any major

Participants practiced logistical and medical emergency scenarios, identified any gaps in plans and procedures that are currently in place, and increased coordination between emergency management and aviation stakeholders.

This year's exercise also incorporated media in response planning.

During the exercise, participants created a multinational coordination center with the mission to integrate response efforts from military, civilian government and multiple international organizations. The exercise also involved the loading and unloading of relief supplies from an aircraft while conceptually managing the distribution of these supplies throughout the region.

"This was my first DREE and I was very impressed," said Lt. Col. Dean Wood, deputy of Operations, 8th Theater Sustainment Command. "I was impressed with the overall operation, the coordination between the militaries, but most importantly, the coordination between the military and the government and international organizations."

An extensive after-action review was held before the closing ceremony in order to collect information to improve on future DREE exercises.

What's happening in the DOD in September?

JIM GOODWIN Army News Service

September marks the last month of the fiscal year, as well as the first full month of school.

As summer winds down, there is no slowing of national observances, key events and significant dates for those within the Department of Defense and armed services.

1. Max leave for carryover reverts to 60 days — Sept. 30 marks the deadline that Soldiers can carry up to 75 days of leave from one year to the next, according to All Army Activities Message 022/1213.

As of Oct. 1, which marks the start of a new fiscal year, Soldiers can maintain up to a maximum of 60 days of leave. Sixty days was the original amount Soldiers could maintain from one year to the next before 2008, when the 75-day leave policy was implemented due to "high operations tempo," according to an Army news article.

While serving in a combat zone, Soldiers can accrue up to 120 days of leave, according to the article. The message can be read in full at http://goo.gl/vhCRDw.

2. Dempsey to retire — Gen. Martin E. Dempsey, chairman, Joint Chiefs of Staff, will retire during a formal ceremony on the Fort Myer, Virginia, portion of Joint Base Myer-Henderson Hall, Sept. 25.

Marine Corps Gen. Joseph F. Dunford Jr., the 36th commandant of the Marine Corps,

was confirmed in July to succeed Dempsey as chairman

3. Suicide Awareness nd Prevention —

September is National Suicide Awareness and Prevention Month, which the DOD and individual armed services observe annually.

The DOD provides a comprehensive list of resources online at http://go.usa.gov/36kJJ.

Immediate resources are available for service members and families in distress, including the Military Crisis Line, which is available 24 hours a day, via phone, online chat or text message.

Call 1-800-273-8255 and press 1; visit www.militarycrisisline.net; or text 838255. **4. Hispanic Heritage** — DOD will cele-

brate National Hispanic Heritage month beginning Sept. 15. The observance, which runs through Oct. 15, recognizes the significant contributions made by the nation's Hispanic-Americans in the armed forces.

5. National Preparedness Month — The ninth month of the year also marks the Federal Emergency Management Agency's National Preparedness Month, an observance meant to encourage individuals, families and communities to make preparedness plans in the event of disasters and emergency situations, such as floods, hurricanes, power outages and wildfires.

6. Return unused prescription drugs — Locally, Sept. 26 is the 10th Annual National Prescription Drug Take-Back Day. Deliver unused and/or expired prescribed medications to the collection point at the Schofield Exchange, from 10 a.m.-2 p.m., Sept. 26, in an effort to stem misuse and abuse of drugs.

7. Gold Star Mother's Day — Sept. 27 marks Gold Star Mother's Day. This event is observed via government proclamations annually. A ceremony will be held at the National Cemetery of the Pacific, at 1 p.m., Sept. 27th, for Gold Star Mothers and families.





The Iolani Guild donated a portrait of Queen Liliuokalani to Soldiers Chapel after a service honoring the queen on Sept. 2, which is the

Service at Soldiers Chapel honors Hawaii's last queen on her birthday

KAREN A. IWAMOTO Staff Writer

SCHOFIELD BARRACKS — While most of the nation celebrated Sept. 2 as V-P Day, or Victory in the Pacific Day - the day in 1945 on which Japan signed the surrender document officially ending World War II - a group from Oahu's Episcopalian community gathered at Soldiers Chapel, here, for a service that also honored Hawaii's last reigning monarch.

Queen Liliuokalani was born on Sept. 2, 1838, and ascended to the throne in January 1891. She was the reigning queen during the overthrow of the Hawaiian Kingdom on Jan. 14, 1893. She was also

'She stood for forgiveness, perpetual forgiveness," said Chaplain (Maj.) Jeffrey Van Ness, U.S. Army Garrison-Hawaii. "So, today through prayer and music and eucharist, we seek to better understand her point of view. We seek to better understand the choices that she made."

USAG-HI hosted the service, which was delivered in the English and Hawaiian languages.

In addition to honoring Hawaii's last sovereign queen, the Sept. 2 service could also be seen as part of an effort to expand the community's knowledge of Hawaii's history, said Kaleo Patterson, vicar at St. Stephen Episcopal Church in Wahiawa, chaplain at the Iolani Guild, president of the Pacific Justice and Reconciliation Center, and a member of USAG-HI's Native Hawaiian Advisory Council.

Holding the service at Soldiers Chapel was significant because it was a gift from the queen.

Queen Liliuokalani and a group of "prominent citizens" raised the money for the chapel and ultimately gifted it to the Army in 1913, according to Ken Hays, architectural historian for the Environmental Division of USAG-HI's Directorate of Public Works.

Hays, who was part of the team that won a Historic Hawaii Foundation Preservation Honor Award in 2011 for the restoration of the chapel, said he researched the chapel's history, but has so far been unable to find documentation explicitly explaining why the queen chose to donate it to the Army.

"But it does raise some thought-provoking questions about why she may have done it," he said, adding that historical documents place her at the inauguration of the chapel, in the company of some of the people who had taken part in the overthrow of the Hawaiian

Patterson, for his part, viewed the chapel service as a step toward achieving greater understanding between the Army and the Native Hawaiian community. He said it was fitting that the queen, who despite being dethroned, left behind a legacy of justice and nonviolence, would give a place of worship and prayer to Soldiers at an Army base in Hawaii.

"We need symbols (like this) that encourage us to live together in harmony," he added.

At the conclusion of the service, Leimalama Lee Loy, president of the Iolani Guild, the devotional and philanthropic arm of the Soci-



Photo by Karen A. Iwamoto, Oahu Publications

The Iolani Guild donated a portrait of Queen Liliuokalani to Soldiers Chapel after a service honoring the queen on Sept. 2.

ety of the Episcopal Church in Hawaii, donated a portrait of Queen Liliuokalani to the chapel.

The overthrow of the Hawaiian Kingdom remains controversial. In 1993, the U.S. Congress passed the Apology Resolution, which was then signed by President Bill Clinton. It acknowledges that the United States played a role in the overthrow and that the people of Hawaii never relinquished their sovereignty. It has been the

subject of debate ever since. Soldiers Chapel was originally located in Castner Village (upper Schofield Barracks) and moved to its current location near Quad D in 1925, according to articles previously published about the chapel by the Army.

The entrance of the chapel is from the original structure given to the Army by Liliuokalani; a larger, standard church was added to this original structure later.

The chapel houses one of only two vintage pipe organs on the island, dating from circa 1931. The chapel is a National Historical Landmark and part of the historic district at Schofield Barracks. It was featured in the 1970 movie, "Tora! Tora! Tora!"

When life leads to darkness, help is still available

CHAPLAIN (MAJ.) DANIEL D. KANG U.S. Army Garrison-Hawaii

People hope a crisis in life will never happen to them. They think it only happens to other people.

They trust themselves, so that even if the crisis comes, they feel confident enough to handle it. However, people sometimes make a radical choice when they feel overwhelmed, depressed and isolated.

When people walk in darkness

Those who take their own lives are "normal" people. Their families and friends love them. They have dreams of a beautiful and happy life. They try hard to overcome their struggles and continue to fight. Unfortunately, they are not strangers to us.

They are around us. We may be able to reach

When people walk in darkness, they need someone to walk with them and then walk out of the darkness.

There are many interventions in place to prevent suicide in the Army. However, interventions begin with us. We can be

the best intervention of all when we offer our time and genuinely care for the people around us.

Talking about suicide

Most people are uncomfortable with the topic of suicide. Can you ask yourself why?

What scares you the most talking about suicide with people who display symptoms of suicide, such as hopelessness, depression and worthlessness?

You don't have to be a trained professional to help and support a suicidal Soldier or family member. However, you have to have the courage to intervene and the strength to make yourself available for

You must also have the courage and strength to

Can you slow down for people who need your

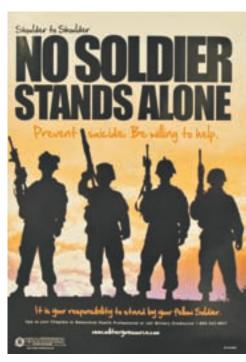
Can you slow down for yourself? Would you be willing to make a phone call to reschedule or cancel your next appointment for a fellow Soldier or family member or friend, or for yourself, to talk to someone and get help?

Would it be worth your time to save yourself and

When you see a person at risk for suicide, don't be scared to ask. It means a lot to people; it means someone cares.

Although someone may have the risk factors of suicide that does not always mean that suicide will occur. We must take a stand to ask.

Would you join us to save lives in our community? What would it take for you to commit to this sacred mission?



2nd SBCT receives mock energy bill from DPW

Energy Conservation Manager Directorate of Public Works U.S. Army Garrison-Hawaii

On Aug. 31, Col. David Womack, commander, 2nd Stryker Brigade Combat Team, was the first to receive a mock energy bill from U.S. Army Garrison-Hawaii's Directorate of Public Works.

Garrison energy manager Keith Yamanaka presented Womack a bill that reflects approximately 60 percent of 2nd SBCT's energy use for

"Our MDMS (meter data management system) ... is slowly coming online, so it is not reporting 100 percent; however, we are not waiting until then. We are moving forward and intend to provide unit commanders with current and accurate energy information, even if it does not of their buildings," all Yamanaka.

The new energy bill initiative by DPW facilitates the Army Hawaii senior commander's broadened energy conservation strategy, intended to reduce energy use by 10 percent.

"I am more than happy to reduce our energy use," Womack said. "The savings can be redirected to training, quality of life programs and garrison infrastructure improvements."

The new MDMS is an engineering initiative by

fare and Recreation facilities, and military and contractor organizations, particularly to determine their monthly energy costs.

More than 300 buildings were selected throughout the garrison to have the energy meter installed. To date, the system is being calibrated by the Army Corps of Engineers and is slowly reporting accurate and usable data.

In addition to presenting Womack with a bill, the DPW energy team notified him that his units would be inspected, day and night, for energy

"Inspect us and let us know how we are doing and what we need to do to improve," Womack replied. "We want to help conserve energy and do

Last year, USAG-HI paid a little under \$90 million in energy costs. It implemented an energy conservation policy, training unit energy conservation officers and building energy monitors conducting energy inspections.

Providing units with mock bills will definitely help reduce costs. However, if the garrison really wants to make a major impact to its energy bill, adjustments must be made to the current mindset, habits and culture.

As a military community, USAG-HI has to come to terms with the fact that the era of ener-



Photo by Keith Yamanaka, U.S. Army Garrison-Hawaii Directorate of Public Works

Santiago Hernandez, writer of this article and USAG-HI DPW energy conservation manager, presents Col. David B. Womack, commander, 2nd SBCT, with a mock energy bill, Aug. 31.

gy abundance is over and that current energy costs, and limit global climate change. expenditure rates are unsustainable.

sponsibility for conserving energy, especially if the

Together, USAG-HI can make a difference. Everyone will have to assume personal re- DPW reminds the garrison community that everyone is responsible for energy conservation. garrison is to reduce its carbon footprint and Pass it on!



Traffic Report lists detours, road work, construction and noise advisories received by press time from U.S. Army Garrison-Hawaii and Hawaii Department of Transportation (HDOT) sources. Visit www.garrison.hawaii.army.mil/ trafficcalendar.htm for the latest Army Hawaii traffic advisories. Unless otherwise noted, all phone numbers are area code 808.

Today

Different Thunder — Mortar training continues today, with more artillery practice following (see below). Local residents may hear the cannons. (Note: Atmospheric conditions may make sounds seem louder than normal.)

•Sept. 14-18, Marine Corps mortar training. •Sept. 26-30, Marine Corps mortar and artillery training.

•Sept. 28-29, Army demolitions training. For concerns related to the noise or training, call the U.S. Army Garrison-Hawaii noise con-

cern line at 656-3487.

Updated Sheridan — There's a modified traffic flow at the intersection of Cadet Sheridan Road & Trimble Road, weekdays, 8:30 a.m.-3:30, for utility installation. Since Wednesday, traffic is being contra-flowed along Trimble Road as it passes Cadet Sheridan Road.

There will be two phases as construction crosses Trimble Road. The first phase will merge eastbound and westbound traffic into two lanes on the northern side of Trimble Road. (No left turns onto Cadet Sheridan Road from both lanes on Trimble Road). Information on the second phase will follow in the near future. This work should conclude Sept. 29.

21 / Monday

Closure at Waianae Ave (North) -There will be a road closure at Schofield Barracks' Waianae Avenue (north corridor) between Generals Loop and Charlton Street. Waianae Ave (North) access at Waianae Ave (South), between Jecelin Street and Devol Street, will also be closed as part of this road

Waianae Avenue (South) between Gener-

als Loop and Devol Street will be designated for two-way traffic during this road closure.

The housing units located on Charlton Street and Jecelin Street will need to use the Jecelin Street access from Waianae Ave (South) for both entry and exit.

The housing area on Jecelin Street and Charlton Street will be a dead end during this

Construction is anticipated 8 a.m.-4:30 p.m., until Sept. 25.

Ongoing

Updated Bennet Drive — There will be intermittent lane closures at Fort Shafter's Benet Drive in the vicinity of Bldgs. 341, 405 and 441 for the installation of a new water main line. The work occupies one lane, including the parking stalls perpendicular to the lane, weekdays, 7:45 a.m.-5 p.m., until Oct. 30

Intermittent traffic modification is required to allow for the chlorination of the new water main line, followed by the tie-in of the new water main line to the existing line at the intersection of Benet Drive and Pierce Street. The preparatory work prior to the chlorination and tie-in begins after the entire length of the water main line for Phase 2 is installed.

Phase 2 has encountered delays attributed to various differing site conditions.

The preparatory work prior to the chlorination and tie-in involves excavation, installation of pipe, concrete encasement of pipe, installation and welding thrust blocks, and backfilling at the point of connection.

Final tie-in and asphalt paving is anticipated later this month.

Updated Carpenter — A road closure at Carpenter Street, Schofield Barracks, was extended until Sept. 18, weekdays, 8:30 a.m.-1:45 p.m., and Wednesdays, 8:30 -11:45 a.m.

Additional probing was required to fine existing water line; the connection point on Carpenter was located.

Work includes asphalt paving, cutting, demolition and installation of concrete curb, and the installation of a new water main.

No Parking — The second phase of work on Schofield's Trimble Road restricts access in the parking lot around Bldg. 1505 until Sept.



Got an event of interest to Soldiers or civilian employees coming up? Send your announcements to news@hawaiiarmyweekly.com.

Today

Signal Ball — It's now time for the Army Signal community to purchase tickets for the 2015 Signal Regimental Ball, 6 p.m., Friday, Sept. 18, at the Hilton Hawaiian Village, Waikiki. Command Sgt. Maj. Stephfon Watson, U.S. Army Network Enterprise Technology, is the keynote speaker.

If you would like to sponsor some of our outstanding young Signaleers, donations are being collected for Soldiers and spouses whoafford tickets. www.eventjoy.com/e/2015-pacific-signal-ballhawaii.

L Fund Default — As of Sept. 5, the default investment fund for newly enrolled civilian Thrift Savings Plan participants and new beneficiary participants will be an age-appropriate Lifecycle (L) Fund. This change is in accordance with Public Law 113-255, the Smart Savings Act, which the president signed into Dec. 18. 2014. on Visit https://www.tsp.gov/investmentfunds/lfund sheet/fundPerformance L.shtml.

Summer of Service — On Wednesday, he VA announced that the 2015 Summer of Service initiative, which launched in May, has exceeded the goals set for community volunteers serving veterans and the development of new partnerships to reach veterans and their family members.

VA's Summer of Service mobilized approximately 300,000 citizens across the country to honor the nation's sacred commitment to caring for veterans. Visit www.va.gov/opa/press rel/pressrelease.cfm?id=2726.

USS Arizona — The final phase of the USS Arizona Memorial restoration project began this week. The third and final phase of the restoration project will replace the terrazzo flooring on the memorial. Over the years, the memorial has weathered natural exposure from the elements, saltwater spray and foot traffic from more than 50 million visitors.

The USS Arizona Memorial will remain open during construction. For more information about the restoration of the USS Arizona Memorial, visit www.pacifichistoricparks.org.

Storm Water — Please comment on U.S. Army Garrison-Hawaii's storm water management plan and participate in the program to help improve water quality. The comment period began Tuesday and runs to Oct. 8. Visit www.garrison.hawaii.army.mil/sustainabili ty/CleanWater.aspx. For more information, call 656-3105.

13 / Sunday

Sunday Shopping — The Schofield Barracks Military Clothing Store is open Sundays on a trial basis, 10 a.m.-5 p.m., and closed on Fridays, until Nov. 15. Based on current use and trends, the slowest day of operation is Friday; thus, the MCS will be closed on Fridays during the test period. If results and usage are favorable, the MCS will continue with Sundays. Call 622-1773.

14 / Monday

CFC Time — The Combined Federal Campaign for the Hawaii-Pacific region starts today and runs until Nov. 13. All commands have a CFC representative with the goal of contacting 100 percent of service members and DOD civilians in the community to raise awareness.

To pledge, see your unit representative or visit www.cfc-hawaii.org/.

Signal Week — In celebration of the 155th birthday of the Signal Corps, the 311th Signal Command (Theater) cordially invites you to attend and participate in Army Signal Regimental Week 2015. For more details, see the online version of the "Hawaii Army Weekly."

16 / Wednesday

Rededication — The Survivor Outreach Services Program officially reopens in Bldg. 663, Schofield Barracks, at 10 a.m. Call 655-





Left, graduating students serve one of four courses during the Advanced Culinary Arts Program final fine dining training event, Aug. 27. At right, the salad course is prepared and ready to be served.

25th CAB Soldiers graduate culinary arts program

Story and photos by **CAPT. HEBA BULLOCK** 25th Combat Aviation Brigade Public Affairs 25th Infantry Division

WHEELER ARMY AIRFIELD — Food operations managers Staff Sgt. Lance Thomas, 2nd Battalion, 25th Aviation Regiment, and Sgt. Edward Harrison, 3-25th Avn. Regt., graduated from the Advanced Culinary Arts Training Program,

The intense three-week program trains up to 12 food service Soldiers on various skills, from classical knife cuts to a four-course fine dining service, which is their final training event.

"This course provides preparation and awareness of various advance duty assignment opportunities and special duty programs that the U.S. Army has to offer those in their field," stated Sgt. 1st Class Erika Kelley, advanced course senior instructor.

"Our final training event showcased all that we Thomas.

"The training was great. Not only did it enhance my abilities, it taught me to focus on attention to detail and the importance of fundamentals, which I will bring back to my unit."

The four-course meal was open to the public with reserved seating for the senior leadership of the graduating class.

"This blew my expectation. It was so wonderhave learned over the past three weeks," said ful, great flavor and too pretty to eat," said Annmarie Chase, spouse of the commander, 25th

"The students were so gracious and so proud of what they do. If I were their mom, I would be so proud," she added.

This graduating class was exceptional. We can only hold four classes per year. We wish we could showcase to a bigger audience," said Kelley.





Above left, entrees are plated and staged for serving. Above right, Staff Sgt. William Deas, Culinary Arts Program instructor, shows 25th CAB food service Soldiers, Staff Sgt. Lance Thomas (center) and Sgt. Edward Harrison, how to plate one of the courses, Aug. 27.



Air Force Staff Sgt. Christopher Hubenthal

U.S. Air Force Hickam honor guard members render honors during the Fisher House Hero and Remembrance Run, Walk or Roll event at Ford Island, Sept. 5. More than 7,000 combat boots were placed along the 8K route, each adorned with a photo of a service member who gave his or her life while serving our country after 9/11.

Run, walk or roll event honors fallen service members

AIR FORCE STAFF SGT. CHRIS HUBENTHAL Defense Media Activity-Hawaii News Bureau

FORD ISLAND — Several thousand runners gathered, here, to honor service members who have fallen after 9/11 as part of the 8K Fisher House Hero and Remembrance Run, Walk or Roll, Saturday.

The Fisher House Foundation is best known for a network of comfort homes where military and veterans' families can stay at no cost while a loved one is receiving medical treatment, according to its official website. The 8K event was another way the foundation aimed to serve military families.

After losing a family friend (Pfc. Timothy Vimoto) in 2007, Theresa Johnson, Fort Hood Fisher House manager and founder of the Hero and Remembrance Run, started the event several years later to honor the memory of those who have fallen and those who serve.

"In 2012, sometime in early spring, my son was actually getting ready to go on his deployment," Johnson said. "Knowing that Timothy had died several years prior, we think about his family every day. I realized that it could be me.

"I'm a mother of a Soldier and a wife of a Soldier. I just wanted to do something to honor Tim's sacrifice and his life, but also honor the service of my husband and my son. That's where it all began," she explained.

More than 7,000 combat boots, each adorned with a photo of a fallen service member, lined the $8\tilde{K}$ running route to honor the memories and the sacrifices of the military men and women who gave their lives while serving their country.

"I wanted to do a unique run that would raise awareness, but also bring the personal names and faces back," Johnson said. "What we did was we created the run, and we had a picture of each fallen service member on the boot that you run past. After the run is over, we pick them up, and there will actually be a display of the 7,000 all at once."

Katie Garling, a runner during the Hero and Remembrance Run, Walk or Roll event, lost 11, 2014, and ran in the event to honor him.

Survivor Outreach Services group here, and there were a group of us that ran today," Garling said.

country. When you're tired, just looking at those boots is motivating to make yourself want to keep going."

I'm honored to be a part of this run." Johnson is proud of the teamwork and camaraderie volunteers and participants show









Photos by Navy Seaman Johans Chavarro and Air Force Staff Sgt. Christopher Hubenthal

Participants of the Fisher House Hero and Rememberance Run, Walk or Roll event at Ford Island, Saturday, pay respect to service members who have given their lives since Sept. 11, 2001. They were represented by the more than 7,000 combat boots that lined the 8K route.

"He was a really strong person, and I get on with my life every day because I know that's what he would want me to do," Garling continued. "I think there is no better motivation than seeing all of the boots lined up and honoring the people who've made the ultimate sacrifice

for our

Anita Clingerman, Tripler Fisher House manager, hopes that the event helps let military families know that Fisher House is there for them.

"It's one way to tell people that we're here," Clingerman said. "There are so many people

who don't know what Fisher House is, and this is a great way to spread the word and let our military families know that we're here for them. Just talking about the run you get emotional; they paid the ultimate price.

during these events.

"This is our fourth here in Hawaii. I couldn't be more proud because this event is not a fundraiser; everything is done by volunteers. It really is a community event where different businesses have reached out to help us.

"All this is done by volunteers, from moms with babies strapped on their front and back and service members from all branches," Johnson explained. "My heart is just overflown right now. This is bringing everybody together."



Photo by Air Force Staff Sgt. Christopher Hubenthal

worship Services

Additional religious services,

tion can be found at

children's programs, education-

al services and contact informa-

www.garrison.hawaii.army.mil.

(Click on "Religious Support Office" under the "Directorates



Briefs

12 / Saturday

Adventure Mountain Bike Level II — Get out of your comfort zone, and come tour with Outdoor Rec., 8:30 a.m.-12:30 p.m, for a sample of the best mountain biking on the North Shore of Oahu. Ride hills, drops, trails, fingers and whoops. Bring water and clothes that you don't mind getting dirty.

This is a Level II bike trip. All transportation (up to 12 people), instruction and equipment is provided for \$30/person. Sign up at ODR no later than Sept. 11. Call 655-9046.

Kolekole Football Kick Off -Kick off this year's football season at 7 p.m. at the SB Kolekole Bar & Grill. Come dressed and ready to rep your favorite team. There will trivia and prize giveaways. Call 655-4466.

15 / Tuesday

Pottery Wheel Throwing -Create a beautiful vase or decorative bowl at the pottery wheel throwing sessions at the SB Arts & Crafts Center, Tuesdays, from 5-8 p.m., and Sundays, from 11 a.m.-3 p.m. Call 655-

16 / Wednesday

Mexican Folk Art — Come to FS Library at 3:30 pm and make an Ojo de Dios, Mexican folk art that is woven with yarn. All supplies will be provided while supplies last. Call 438-

Operation Rising Star Semifinals — Watch and vote for your favorite contestant in the 2015 Operation Rising Star Semifinals, 6 p.m., at the SB Nehelani. The top vocalist will receive \$750 cash and a chance to move on to the Army finals hosted in San Antonio, Texas.

In addition to competitors' prizes, there will be a \$300 Spirit Award for the most supportive unit or family readiness group.

This event is free. There will be appetizers and drinks for sale. Call 655-

18 / Friday

FS Right Arm Night — Kick back with your "right arm" with drink specials and a pupu buffet beginning at 5 p.m. Spouses and DOD civilians are welcome for this adult event. Call 655-

Grill Your Own Steak Night — Grill your own steak every 1st and 3rd Friday, from 3-8 p.m., at the FS Hale Ikena on Mulligan's lanai for \$13.95, or let one of the chefs grill it for an extra \$3. All steaks are served with a baked potato and the chef's choice of

Survey critical for school funds

Parents urged to complete, return federal query cards

DEPARTMENT OF EDUCATION

HONOLULU — The Hawaii State Department of Education (HIDOE) sent home a U.S. Department of Education Federal Survey Card with Hawaii's public school students for parents to complete on Sept. 2.

Parents are strongly urged to complete the surveys and return them to their schools as soon as possible.



The Impact Aid Program surveys allow HIDOE to qualify for a partial reimbursement for educating feder-

ally connected students, such as children whose parents work or live on federal property.

The program was created to assist school districts that lose tax revenues (e.g., income, sales and property taxes) due to a federal presence. Funds go to local school districts, just like local property taxes, and can be used to hire teachers, purchase textbooks

vegetable. Call 438-6715.

19 / Saturday

Introduction to Surfing – Learn to surf like a local with Outdoor Recreation on the south shores of Oahu at White Plains, 8:30 a.m.-12:30 p.m. This is a great beginner location for all ages. Cost is \$30/person.

Outdoor Rec. will provide the transportation, equipment and instruction. All you need to bring is water, snacks and sunscreen.

Must be a proficient swimmer and able to tread water for at least 6 minutes and swim 200 yards. Sign up at Outdoor Rec. no later than noon, Sept. 18. Call 655-9046.

National Boys & Girls Club

Day — Join CYSS, 10 a.m.- 2 p.m., for a celebration of our nation's youth at the SB Boys & Girls Clubs Day for Kids with a day of fun, entertainment and prizes. This free event is open to youth of all ages.

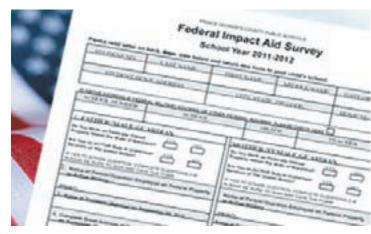
23 / Wednesday

Operation Rising Star Semifinals — Watch and vote for your favorite contestant in the 2015 Operation Rising Star Semifinals, 6 p.m., at the SB Nehelani. This free event features appetizers and drinks for sale. Call 655-0660.

25 / Friday

Hawaiian Lunch Buffet - Enjoy a traditional Hawaiian luau lunch buffet every last Friday of each month from 11 a.m.-1 p.m. at FS Hale Ikena for \$14.95/per person. Large parties welcome. For reservations, call 438-

26 / Saturday



Public schools receive federal impact aid based on the number of survey cards that are returned by federally connected students who live on federal property or whose parents or guardians are employed by the federal govern-

and computers, and pay for utilities.

"Impact Aid funds are extremely important to support our public schools and help to improve quality education for our students," said Kathryn Matayoshi, HIDOE superintendent. "During the 2014-15 school year, the state accounted for more than 23,000 federally connected students and received more than \$27 million in Impact Aid funding. Every public school has a 100 percent return rate goal."

Drags & Drifts Car and Bike

This free event, in partnership with

the Better Opportunities for Single

Soldiers (BOSS), is open to DOD ID

Cardholders 18 and older. Car and

motorcycle registration is \$20 in ad-

vance, and \$25 the day of the event for

each registered vehicle. Call 655-5698.

Parent's Night Out — CYSS of-

fers this event to families in our mili-

tary community, 6-11 p.m., who are

registered with CYSS no later than

noon, Sept. 23. Reservations will be

basis at the Parent Central Services

(PCS) Office.

accepted on a first-come, first-served

Children ages 6 weeks through 5th

Nonrefundable fees are as follows:

\$20, for one child; E-6 and above, \$25,

child. Children should have their din-

Moonlight Paddle — Come bask

in the moonlight with Outdoor Recre-

Anahulu River on the North Shore of

ation, 6-10 p.m., for a cruise in the

Oahu, under the light of the sched-

uled full moon. This is a unique and

Outdoor Recreation will provide

the transportation (up to 12 people),

choose between a stand-up paddle-

bring is water and snacks. Sign up at

Outdoor Rec. no later than noon Sept.

board or a kayak. All you need to

equipment and instruction. You get to

fun activity designed for the whole

grade are welcome. To register, visit

military members, E-5 and below,

for one child; \$5 each additional

ner prior to arriving.

one of the CYSS PCS offices.

Show — Show off your car from

11a.m.-6 p.m. in the SB Tropics

Recreation Center parking lot.

More details on the Impact Aid program are available at http://bit.ly/1UluF9I. Soldiers and families can find military addresses for their units oline at Facebook. Scan down to Sept. 3 at noon. See the link https://www.facebook.com/uag hawaii

25. Call 655-9046.

More Online

30 / Wednesday

FS Library Story Time — Mermaid Harmony is returning for another great storytelling session featuring mermaid stories and songs, 3:30 p.m., at FS Library.

Ongoing

SKIES Unlimited New Programs — Attend any of the following:

•Learn Spanish for 18 months at the AMR and SB SKIES Studios. Participants must be 18 years of age; costs \$55/month/child.

•Yoga dance class for 3-18 years old and the Art of Middle Eastern Dance for 5-18 years old at our AMR and Schofield SKIES Studios; fee is \$35/month/child.

•Vocal Technique if you love to sing. Join the class and sing the night away. Class meets on Fridays from 5:30-6:30 p.m. at the SKIES Studio. Open to children 6-18 years old; fee is \$35/month/child.

Call 808-655-9818 for more infor-

SKIES Unlimited School of Art - Has your child always wanted to learn to play the guitar, drums or keyboard? SB classes are offered Tuesdays; AMR SKIES Studios classes are 3 p.m., Wednesdays. Open to CYS Services registered children ages 7-18 at \$55/month. Call 655-9818.

Mexican Cuisine Lunch Buffet New Tuesday buffet, 11 a m -1 p.m., at FS Hale Ikena. Features beef

See MWR B-3

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

12 / Saturday

SB Kolekole Walking/Hiking Trail — The trail is closed this weekend, Sept. 12-13, due to live-fire training.

Out of the Darkness — The community is invited to walk to prevent suicide at 8 a.m., Sept. 12, at Ala Moana Beach Park/Magic Island. Visit www.afsp.org/walk to register or call 271-8582.

Hawaii Five-O Season Premier — Watch the stars of this CBS hit series walk the red carpet, beginning at 6 p.m., on Queen's Beach, Waikiki, and then enjoy a special free preview screening of the show's sixth season premier episode at 7 p.m.

Visit www.facebook.com/Haw aiiFive0CBS.

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation

15 / Tuesday

Family Night — Enjoy AMR family gatherings at 5:30 p.m. every Tuesday at the AMR Chapel. This broadranging Christian program features fellowship and Bible study from 6:15-7:30 p.m. Child care is provided. Call AMR Chapel, 839-4319.

Schofield Family Night is held Wednesdays at 5:30 p.m.

18 / Friday

Sunset Flightline Run - Runners, joggers and walkers island-wide are invited to participate in the Sunset Flightline 5K race, 5:30 p.m., at Marine Corps Base Hawaii, Kaneohe Bay. Competitors will experience scenic sunset views of

the Koolau Mountains and Kaneohe Bay. Call 254-7590.

19 / Saturday

National Hunting & Fishing Day — State of Hawaii-sponsored event, 10 a.m.-4 p.m., at the Koko Head Shooting Complex, offers safe educational activities, including trap shooting, archery and fish casting. Bring canned food or cash donations for the Hawaii Food Bank for free activity food coupons. Call the Hawaii

Hunter Education Program at 587-

Martin Lawrence "Doin' Time" Tour — The hilarious comedian will share his take on relationships, race and life with his Hawaii audience, charming all with his triedand-true comedy chops.

Tickets are available at the Neal Blaisdell Box Office, at ticketmaster.com and all Ticketmaster locations, including Walmart, or by phone at 1-800-745-3000.

Military and group discounts are available.

26 / Saturday

National Take Back Day -Turn in used or expired medication for safe, anonymous disposal, 10 a.m.-2 p.m., at the Schofield PX donation spot.

October

7 / Wednesday

Keith Urban Concert — One of the industry's most electrifying live performers, four-time Grammy Award winner and American Idol

judge Keith Urban will perform at the Blaisdell Arena, Oct. 7. Tickets are on sale now at the Blaisdell Box Office, Ticketmaster.com, all Ticketmaster outlets, including all Walmart locations on Oahu, Maui, Kauai and the Big Island, or charge by phone at 1-800-745-3000.

10 / Saturday

Living History — The SB Tropic Lighting Museum hosts Living History Day to commemorate the 25th Infantry Division's organization day, 10 a.m.-3 p.m., featuring static exhibits of

modern military Soldiers and equipment, military memorabilia, restored military vehicles, re-enactors in period uniforms and hands-on displays of military artifacts.

16 / Friday

Volunteers Needed — Hundreds of volunteers are needed for the Kaneohe Bay Air Show and Open House to assist in food service, marketing, ticketing and more. Volunteers will receive an air show volunteer T-shirt and certificate of appreci-

See CALENDER B-3

Calendar abbreviations

BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company gram

ASYMCA: Armed Services YMCA

CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Pro-FMWR: Family and Morale, Welfare and

Recreation FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation

IPC: Island Palm Communities PFC: Physical Fitness Center SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center

USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific

WAAF: Wheeler Army Airfield

and Support Staff" menu.) AMR: Aliamanu Chapel Fort DeRussy Chapel Helemano Chapel Main Post Chapel, Schofield Barracks Aloha Jewish Chapel,

Pearl Harbor Soldiers' Chapel, Schofield Barracks TAMC: Tripler Army Medical Center Chapel

WAAF: Wheeler Army Airfield

Buddhist Services

•Fourth Sunday, 1 p.m. at MPC **Catholic Mass**

•First Sunday, 1 p.m. at FD

Chapel

•Thursday, 9 a.m. at AMR •Saturday, 5 p.m. at TAMC,

Sunday services:

- 8:30 a.m. at AMR -10:30 a.m. at MPC Annex -11 a.m. at TAMC

•Monday-Friday, 11:45 a.m. at Soldiers' Chapel and 12 p.m.,

Gospel Worship •Sunday, noon. at MPC

•Sunday, 12:30 p.m. at AMR **Islamic Prayers and Study**

•Friday, 1 p.m. at MPC Annex •Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

Pagan (Wicca) •Friday, 7 p.m. at Wheeler

Protestant Worship Sunday Services

-9 a.m. at MPC

-9 a.m., at FD, TAMC chapel

-10 a.m. at $HMR\,$

-10:30 a.m. at AMR

-11:30 a.m. at WAAF (Spanish language)

-11 a.m. at SC (Contemporary)

Liturgical (Lutheran/ Anglican)



•Sunday, 10 a.m. at WAAF

Temporarily closed for maintenance



Schofield Barracks Sgt. Smith Theater is closed for Directorate of **Public Works**

Call Schofield Exchange at 237-4502/4572.

maintenance work.







Briefs **CONTINUED FROM B-2**

tacos w/fixings, chicken fajitas, Spanish rice, refried beans, buttered corn, soup and salad for \$10.95. Call 438-1974.

Torch Club — The Torch Club is looking for volunteer teen leaders. Torch Club members help plan and organize teen events, manage the teen lounge, attend leadership camps and trips, meet new teens, and have fun participating in leadership and social activities. Meetings are held 3:30 p.m., once a week, at the FS Teen Lounge. Call 438-6470.

Pacific Teen Panel -AMR/FS Teen Center Teen Panel is looking for interested teens who want to serve on the PTP for the AMR/Tripler/FS communities. Teens must be CYSS registered, in the 9th-11th grade, and participate in youth activities.

PTP participants are advocates for their peers participating in monthly teleconference calls or video teleconference with other youth in the Pacific. Call the AMR Youth Center at 833-0920 or FS Middle School and Teen Program at 438-6470.

SKIES Unlimited Hula Classes — SB and AMR host hula classes for \$35/month. Call 655-9818 for class availability or log onto the www.himwr.com for more de-

Pau Hana Social — SB Kolekole Bar & Grill offers endof-workday food and drink specials, 5-7 p.m., Mondays, Tuesdays, Wednesdays and Fridays; plus 4-6 p.m., Thursdays.

RV/Boat/Jet Ski Lot — Not enough space? Store your recreation equipment with the Auto Skills Center. Call SB at 655-9368 or FS at 438-9402

Exchange scholarship rewards those who 'Make a Difference'

ARMY AND AIR FORCE EXCHANGE SERVICE News Release

DALLAS - Students who go above and beyond in making a difference in their community could reap a handsome reward for their service in the Army & Air Force Ex-

change Service Unilever Rewards of Caring Scholarship

To enter, authorized students in grades six through 12, with a 2.5 or higher grade point average, can submit an essay in English of 500 words or less explaining their involvement in community service projects and why their community is important to them. Four winners worldwide will each be awarded a \$5,000

"Giving back and serving the community are important at any age," said Air Force Chief Master Sgt. Sean Apple-

How to Enter

Essays are due by Oct. 1 and should be mailed to this address:

Exchange Rewards of Caring Scholarship Contest P.O. Box 7837

Melville, NY 11775-7837

gate, the Exchange's senior enlisted adviser. "This contest gives us the opportunity to recognize and reward those students who are truly making a difference."



Photo by Joseph Bonfiglio, U.S. Army Corps of Engineers, Honolulu District Public Affairs

WAIKIKI — JROTC students from Punahou volunteer to clean up the area surrounding Fort DeRussy, last year. AAFES is encouraging 6th-12th grade students with a 2.5 or higher GPA to submit an essay about community service to be eligible to win a \$5,000 scholarship.

community Calendar

CONTINUED FROM B-2

stored military vehicles, reenactors in period uniforms and hands-on displays of military artifacts.

16 / Friday

Volunteers Needed Hundreds of volunteers are needed for the Kaneohe Bay Air Show and Open House to assist in food service, marketing, ticketing and more.

Volunteers will receive an air show volunteer T-shirt and certificate of appreciation.

Volunteering provides an opportunity to help the community, build self-confidence, gain new job skills and meet new friends.

Visit www.kaneohebayairsh ow.com/volunteer. html.

17 / Saturday

Kaneohe Bay Air Show and Open House — This two-day Marine Corps Base Hawaii open house event, includes free admission, parking and a world-class air

The family friendly event will feature the U.S. Navy Flight Demonstration Team, the Blue Angels, along with a list of exhilarating professional performers and historical Warbirds, static displays, keiki events and much, much

For those who wish to upgrade their viewing experience, premium seating is available for purchase.

Marine Corps Community Services' seating and private, shaded chalets provide the ultimate one-of-a-kind air show experience.

Visit www.kaneohebayairsh ow.com/index.html.

Exchange fee-free layaway returns HAWAII EXCHANGE

News Release

The Schofield and Hickam Exchange are bringing back fee-free layaway, just in time for early holiday shopping.

The layaway program ensures military shoppers have plenty of time to pay for gifts while keeping them hidden from prying eyes.

Fees waived

Starting now, the Schofield and Hickam Exchange will waive the \$3 service fee for items that are placed on layaway and paid for by Dec. 24, including toys and bikes.

Purchases of \$25 or more are eligible for the layaway

"The Exchange's layaway program is a convenient way for shoppers to stock up on gifts for the holidays while staying mindful of their budgets," said Exchange General Manager Robert Rice. "By waiving the service fee, the Exchange makes it worthwhile for shoppers to give layaway a try and keep gifts hidden from family members who love snooping.

A deposit of 15 percent is required to hold items on layaway at the Exchange.

Shoppers can visit the Schofield and Hickam Exchange customer service for details.



Courtesy image

The Schofield and Hickam Exchanges are offering layaway programs that ensure military shoppers have time to pay for gifts this holiday season.

We should take time to remember 9/11 – every year

Fourteen years ago, I gasped audibly, slapped my hands over my mouth and felt the queasy sting of tears.

I had just seen live footage of the south tower of the World Trade Center collapse to the ground in a horrifying explosion.

We all remember where we were when we got the terrifying news that America was under attack. The footage, the images, the stunned correspondents' reports were not every day

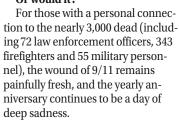
We were used to the endless string of statistics and polls, the latest sensational trial, the steady beat of violent crimes, the political scandals, the relapsed Hollywood entertainers and the tragic multiple car pile-ups.

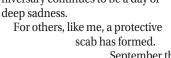
All were delivered to us over the radio waves during our morning commutes, in our coffeestained local newspapers and on the kitchen television while we were cooking pork chops. Those stories sparked dinner chitchat, but were soon forgotten.

But the news on Sept. 11th was very different. It was raw and unaltered. It delivered the clear message that our lives would never be

The 9/11 attacks left a collective gaping wound on the American psyche, which would, surely, never be forgotten.











is a fairly normal day for us, but it is interspersed with moments of remembrance, when we bow our heads in silence and shudder thinking of the images that shocked us 14 years

But for some, the trauma, the historic death toll and the graphic images are hazy. Clouded by years of desensitizing war, and the ebb and flow of every day life, Sept. 11th seems like any

To complacent adults, and to the younger generation who grow up in a world where Islamic State militants upload videos of gruesome beheadings to YouTube, the 9/11 terror attacks may not seem like that big of a deal.

But they'd be wrong.



If that isn't enough to bring the significance of Sept. 11th to the forefront, then, one need only consider any one of the innocent men, women and children who died that

> Sept. 11th should always stand out as a pivotal day in U.S. history, when Americans were slapped in the face with the frightening truth that terrorists will stop at nothing to accomplish their hateful goals.



Photo by New York City Port Authority

Courtesy of Army News Service

The author, a military spouse, believes in the importance of remembering the events of Sept. 11, 2001. For example, this quilt is a way to sensitize ourselves, each year, to the threat of terrorism and the commitment needed from us to combat it.

> significance of Sept. 11th to the forefront, then, one need only consider any one of the innocent men, women and children who died that day.

Think of Todd Beamer, for instance. He was one of 37 passengers on United Flight 93 who realized that their hijackers were on a suicide mission. Beamer, while making plans with other passengers and flight attendants to thwart the hijackers' plot to crash the plane into a

building, asked Lisa Jefferson, the GTE Airphone supervisor he was speaking with on the seatback telephone, to recite the Lord's Prayer and the 23rd Psalm with him.

After praying, Beamer said to his fellow passengers, "Are you ready? Okay. Let's roll," before they heroically rushed the cockpit, and the plane crashed into an empty field in Shanksville, Pennsylvania.

If we are ever to successfully combat terrorism, the intervening 14 years should not bury our outrage under the minutia of every day life.

Every Sept. 11th, we must remove the bandage, rip the scab off the wound and feel the raw pain

The World Trade Center towers stand as part of the New York skyline before the Sept. 11, 2001, attacks.

TAMC, partners join to heal hearts

EMILY T. YEH

Tripler Army Medical Center Public Affairs

HONOLULU — Five times a year, for one week each, cardiologists and cardiac surgeons from Tripler Army Medical Center, Kaiser Permanente Hawaii, Rady Children's Hospital of San Diego (Rady's), and Kapi'olani Medical Center for Women & Children (Kapi'olani) collaborate in a 20year tradition called Heartweek.

The group calls itself the Hawaii Pediatric Cardiac Surgery Committee (HPCSC).

All the cardiologists and cardiac surgeons work together to identify appropriate pediatric cardiac surgery candidates, and discuss viable treatment options for the pa-

TAMC members are pediatric cardiologists Col. Becket Mahnke, Lt. Col. Craig Dobson and Maj. Charles Nguyen.

Military patients and families

Heartweek patients, including those from TAMC, are treated at Kapi'olani by the HPCSC team of cardiologists and surgeons, which "allows military patients and families to get high quality care locally," states Mahnke. "For our military families getting care locally is very important. It removes some of the stress associated with cardiac surgery, allowing families to deal with these challenges at home with their normal support structure."

Maj. Charles Nguyen is also a cardiologist at TAMC. Although Nguyen has only been assigned to TAMC for a few months, he has already participated in his first Heartweek.

Nguyen was "honored and excited to be part of this worthy tradition."

"The families - military, civilian and local - no longer need to travel to the Mainland to receive the treatment you get during Heartweek," said Nguyen. "It really feels like you are part of the Hawaiian community with this program."

In a typical Heartweek, the team provides care to approximately 15-20 patients in

Hawaii. During the most recent Heartweek, Rady's, who initiated the Heartweek protwo military patients benefited from the program. The team performed an openheart surgery and a pediatric interventional cardiac catheterization.

The most recent Heartweek took place Aug. 24-28th, which marked the program's 20th anniversary.

Recently, the group celebrated with Dr. John Lamberti, chief of cardiac surgery,

gram with Dr. Carlos Moreno-Cabral, cardiac surgeon, Queens Medical Center. They were joined by a large contingency of previous Heartweek patients and their family members, as well as Dr. John Moore, chief of cardiology, Rady's, and Dr. Jim Perry, chief of pediatric electrophysiology, Rady's; combining to join as one pediatric cardiology surgery family.



Col. Becket Mahnke, left, TAMC pediatric cardiologist, joins David Pieper Jr., middle, a long time Heartweek patient, and his father David Pieper during a recent check-up. Mahnke is a TAMC participant in the collaborative Heartweek joint hospital initiative.





Childhood Obesity



According to the Office of Disease Prevention and Health Promotion at the U.S. Department of Health and Human Services, one in three children in

Childhood obesity puts kids at risk for health problems that were once seen only in adults, like type 2 diabetes, high blood pressure and heart disease.

Childhood obesity can be prevented. Try the following:

•Get active outside: Walk around the neighborhood, go on a bike ride or play basketball at the park

•Limit screen time: Keep screen time (time spent on the computer, watching TV or playing videos games) to 2 hours or less a day.

•Make healthy meals: Buy and serve more vegetables, fruits and whole-grain foods.

Communities, health professionals and families can work together to create opportunities for kids to eat healthier and get more active. Make a difference for kids.